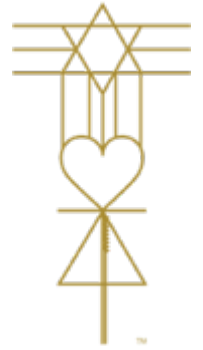




Ireland Workshop October 2008 Itinerary



Dates: October 19 – October 27, 2008

Hosted by Derek O'Neill, this workshop includes three days of lovely group meditation and healings, two days of visiting sacred sites, and an Irish banquet dinner. The workshop will be held at the Tower Hotel in Tallaght (011 353 1 468 5400)

Schedule:

Sunday, October 19th	Orientation Meeting at Tower Hotel at 7:30 pm
Monday, Wednesday, Friday	Group meditations and healings from 10am to finish
Tuesday, Thursday	All day field trips visiting mystic sacred sites
Saturday	Banquet dinner followed by attendee Talent Show!
Sunday, October 26th	Free day!

Included in your investment:

- Eight (8) nights double occupancy room from Sunday – Sunday
- Breakfast at the Tower Hotel from Monday – Monday
- Lunch Monday – Friday
- Tea, coffee and biscuits at breaks on Monday, Wednesday, Friday
- Banquet dinner on Saturday
- Transportation for sacred site Field Trips



Not included in your investment:

- Dinners except Saturday's dinner banquet
- Single room (to request a single room an additional fee of €450 is requisite)

Investment: €3,000 payable to "Prema Agni HSS Ltd." Down payment of €500 is due upon submission of Registration Form found on www.BornFreeNow.com under Services.

Cancellation/Refund Policy: see Registration Form.

Notes:

1. It is recommended you remain checked into the Tower Hotel through the following Monday morning Oct 27th to allow for some time for the workshop experience to be grounded; no refund will be provided for early departure.
2. Please see Registration Form for rooming preference; in lieu of a preference, Derek will identify the most suitable roommates to be paired.

What to Wear:

- Group days – comfortable clothes for sitting; light layers provide most flexibility for variable hotel conditions and personal preference
- Field Trip days – layered, outdoor clothes to accommodate variable weather conditions and walking shoes that are field worthy
- Banquet – no special dress is required, however it is a festive occasion